

**THE APPLICATION OF GINGER COMPRESSES TO REDUCE THE  
SCALE OF GOUT ARTRITIS TO ELDERLY IN THE  
PRACIMANTORO COMMUNITY  
HEALTH CENTER AREA**

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**ABSTRACT**

**Back Ground;** *Elderly is an old age people who experincing biological, physical, and social changes. Elderly often have several degenerative diseases. Joint pain is one of problems which often occurs due to increase gout . One of the non-pharmacological pain management that can be done by nurses is Ginger Compress Therapy. **Objectives;** The purpose of this study was to describe the implementation of application from Ginger Compresses to reduce the scale of gout pain which suffered by elderly in Pracimantoro **Method;** Data collection techniques used descriptive methods with VAS pain scale instruments and also observation sheets. **Result;** The decrease scale of pain Ms. T from moderate pain to mild pain (6-4) whereas the decrease scale of pain Ms. K from moderate pain to mild pain (5-3). The averages reduction of pain in both respondent is scale of pain 2. **Conclusion;** From the result it can be concluded that the dcrease from the scale of pain after the application of ginger compresses.*

**Keywords;** *Elderly, Gout arthritis, Pain, ginger compresses.*