

**THE APPLICATION OF MUROTTAL THERAPY (AR-RAHMAN LETTER)
TO BLOOD PRESSURE IN ELDERLY PEOPLE WITH HYPERTENSION
AT GUNUNG WIJIL SELOGIRI WONOGIRI**

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ABSTRACT

Background; Based on the Republic of Indonesia Ministry of Health in 2013, hypertension sufferers who had been diagnosed by health professionals were 9.4%, the population took their own medicine by 0.1% and 76.1% of sufferers did not know they had hypertension. **Purpose;** Describe the application of murottal therapy (Ar-Rahman letter) against blood pressure in people with hypertension. **Method;** The type of study used by the author in this study is descriptive method. While the research design of collect data before murottal therapy (surat Ar-Rahman) is 170/100 mmHg and 150/100 mmHg, while after murottal therapy (surat Ar-Rahman) which is 160/80 mmHg and 140/80 mmHg for 3 days, this shows that there is a decline. **Results;** Blood pressure from both respondents before and after murottal therapy for 3 days showed that there was a decrease. **Conclusion;** There are differences in blood pressure result from 2 respondents after murottal therapy.

Keywords; Elderly, Murottal (Ar-Rahman letter), Blood Pressure