

**THE APPLICATION OF MODERN DRESSINGS USING HERBAL
SANITARY NAPKINS IN PATIENT WITH DIABETES MELLITUS
IN THE GROGOL HEALTH CENTER**

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ABSTRACT

Background; Wounds that occur in Diabetes mellitus participants there is an exudate consisting of enzymes that have the potential to inhibit the healing process to expand wounds and cause pain. To help reduce exudates in wounds, namely by treating modern wounds with herbal sanitary napkins. Wound care with modern dressing has proven to be more effective than conventional wound care. **The Purpose;** To described the exudate absorption in modern dressings for wound of diabetic. **Method;** The type of research used the observation method with a case study design that describes the absorption of exudates with herbal sanitary napkins in patients with Diabetes Mellitus in the Grogol Health Center. **Results;** The ability of herbal sanitary napkins as absorption with modern dressings on wound of diabetic is very good, as evidenced by a significant comparison between wounds covered with gauze and covered with herbal sanitary napkins. The absorption of exsudates using gauze to Mrs. S was 24 grams, and Mrs. T was 9,86 grams. While the absorption of exudates used herbal sanitary napkins, which is 99 grams for Mrs. S and 37 grams for Mrs. T. **Conclusion;** herbal sanitary napkins are able to absorb exudates in the wound of diabetic more than using gauze. Likewise, respondents who feel comfortable using herbal sanitary napkins to cover their wounds, herbal sanitary napkins also reduce bleeding in the wound.

Keywords: *Diabetes mellitus, abzorbed, herbal sanitary napkins, modern dressing.*