

**EFFORTS TO INCREASE SELF EFFICIENCY IN REGULAR
TUBERCULOSIS AND MULTIDRUG RESISTANT TUBERCULOSIS
PATIENTS**

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SUMMARY

Background : Tuberculosis is a chronic contagious disease caused by Mycobacterium Tuberculosis which can give up various organs including the lungs. Patients with tuberculosis who do not complete the treatment properly will make the germs resistant or immune and prolong the treatment. Increasing self-efficacy is an important factor for tuberculosis patients during treatment. Here are some things that can increase self-efficacy, including family support, social support, health worker support. **Purpose** : As a lesson for the community and the patient's family the importance of providing support to patients to increase self-efficacy. **Method** : Poster entitled "Efforts to Improve Self-Efficacy in Patients with Regular Tuberculosis and Multidrug Resistant Tuberculosis" which can attract the attention of readers and be able to understand the material presented. **Conclusion** : It is important to increase self-efficacy in patients with regular tuberculosis and multidrug resistant tuberculosis. It is hoped that it can be used as information to the public about efforts to increase self-efficacy.

Keywords: Self-efficacy, Tuberculosis Patients, Poster