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HUBUNGAN POLA KOMUNIKASI KELUARGA DENGAN MEKANISME KOPING LANSIA DEPRESI DI POSYANDU SARI WALUYO WILAYAH KERJA PUSKESMAS GAMBIRSARI SURAKARTA	
ABSTRAK	
<p>Latar Belakang; Setiap individu akan mengalami proses menua dalam hidupnya dan menghadapi perubahan fisik, mental, psikologi dan penyakit yang erat kaitannya dengan sumber stres serta dapat menimbulkan depresi lansia yang mempengaruhi mekanisme koping. Dukungan keluarga berupa pola komunikasi yang baik antar anggota keluarga akan memberikan kontribusi bagi lansia dalam menyelesaikan masalah serta lebih sulit mengalami depresi. Tujuan; Mengetahui hubungan pola komunikasi keluarga dengan mekanisme koping lansia depresi di Posyandu Sari Waluyo Wilayah Kerja Puskesmas Gambirsari Surakarta. Metode; Jenis penelitian analitik dengan rancangan cross sectional. Sampel penelitian 41 responden diambil secara total sampling. Instrumen penelitian menggunakan kuesioner. Analisa data menggunakan analisa univariat dalam bentuk frekuensi dan prosentase, analisa bivariat menggunakan fisher Exact. Hasil; lansia yang mengalami depresi menunjukkan mayoritas menggunakan pola komunikasi keluarga fungsional dengan mekanisme koping adaptif sebanyak 29 (93,5%). Terdapat hubungan signifikan antara pola komunikasi keluarga dengan mekanisme koping lansia depresi dengan <i>p value</i> (0, 006) < 0,05. Kesimpulan; Ada hubungan antara pola komunikasi keluarga dengan mekanisme koping lansia depresi di Posyandu Sari Waluyo Wilayah Kerja Puskesmas Gambirsari Surakarta.</p>	
<p>Kata kunci :<i>Pola Komunikasi Keluarga, Mekanisme Koping, Lansia Depresi.</i></p>	

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<p>FAMILY COMMUNICATION PATTERN WITH COPING MECHANISM OF ELDERLY DEPRESSION AT POSYANDU SARI WALUYO WORKING AREA AT PRIMARY HEALTH CENTER OF GAMBIRSARI SURAKARTA</p>	
<p>ABSTRACT</p> <p><i>Introduction; Each individual will experience an aging process in his life and face changes in physical, mental, psychological and diseases that are closely related to sources of stress and can cause depression in the elderly that affect coping mechanisms. Family support in the form of good communication patterns between family members will contribute to the elderly in solving problems and more difficult to experience depression.Objective; Knowing the relationship of family communication pattern with coping mechanism of elderly depression at Posyandu Sari Waluyo Working Area of gambirsari Surakarta Community Health Center.Methods; Type of analytic research with cross sectional design. The research sample of 41 respondents was taken in total sampling. The research instrument uses a questionnaire. Data analysis using univariate analysis in the form of frequency and percentage, bivariate analysis using fisher Exact.Results; Elderly who experienced depression showed the majority using the functional family communication pattern with adaptive coping mechanism of 29 (93,5%). There is a significant relationship between family communication pattern with coping mechanism of elderly depression with p value (0, 006) <0,05.Conclusion; There is a relationship between family communication pattern with coping mechanism of elderly depression at Posyandu Sari Waluyo Working Area of Gambirsari Surakarta Community Health Center.</i></p>	
<p>Keywords: Family Communication Pattern, Coping Mechanism, Depressed Elderly.</p>	