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<p>HOW TO HANDLE STROKE WHEN ATTACK HAPPENS TO REDUCE DISABILITY IN PATIENTS</p>	
<p>ESSENCE</p> <p>Background: Stroke occurs due to a blockage and rupture of blood vessels that carry blood and oxygen to the brain. Lack of oxygen causes the function of controlling body movements controlled by the brain to not function. The most frequent case in Indonesia in terms of handling patients to the hospital since the onset of a stroke is delay in treatment. There are still many community members who do not know or at least the signs and symptoms that appear as an acute stroke attack are still the main problems of delay in management after an acute stroke. Another problem that is often encountered in society is the attitude, behavior and low level of education which can also affect the delay in management of stroke patients. Proper handling at the onset of the stroke will reduce the disability rate by 30%. The success of handling prehospital conditions in the families of patients with stroke is strongly influenced by the level of family knowledge in detecting a stroke. The success of stroke management depends on the speed, accuracy and accuracy of the initial treatment. The golden window in stroke management is \pm 3 hours, meaning that in the initial 3 hours after having a stroke, the patient must immediately receive comprehensive and optimal therapy from the hospital emergency team to get optimal treatment results. Objective: Increase insight or knowledge about handling stroke quickly when an attack occurs in order to reduce the number of disabilities and deaths due to late stroke management. Method: using a media poster entitled "Handling Stroke Quickly Can Prevent Disability and Save Lives". Conclusion: The poster is packaged in a concise, concise, clear and attractive manner. With this poster, it is hoped that the public can increase their knowledge about stroke so that the number of disabilities and deaths due to stroke will decrease.</p>	
<p><i>Keywords : Stroke, Golden Period</i></p>	