

SUMMARY

KRISTA C2016078 Program Studi Sarjana Keperawatan	Dosen Pembimbing 1. Anjar Nurrohmah, S.Kep.Ns.M.Kep 2. Irma Mustika Sari, S.Kep.Ns.M.Kep
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EFFORT IN DECISION – MAKING OF CONTRACEPTION ON WOMEN IN CHILDBEARING AGE

SUMMARY

Background : Family Disaster (KB) is a government program that aims to control the population by reducing the number of children born to women aged 15 - 49 years, which is then called the total *fertility rate* (TFR). The decision to become a participant in family planning itself cannot be separated from the factors that influence it. Several factors that can influence decision making related to contraception are knowledge or information on family planning (KB), religion and customs, ease of access, comfort, work status of husband or wife, side effects of using contraceptives, costs, and the desire to limit the number of children. One of the efforts to improve the knowledge society in general can be done through a program of Communication, Information, and Education (KIE). One of the media are often used because is interesting and simple is a media *booklet* is a medium to convey a message - a message of health in the form of a book, either in the form of writing or drawing. **Objective** : Give knowledge and insight to the public about methods of contraception, so especially for Female Age Fertile (WUS) which recently started a program Family Planning (KB) to find out how the effect of the side who posed of contraception. **Benefits** : This effort is expected to be useful and assist in decision making for women of reproductive age (WUS) in determining which contraceptive method to use. **Conclusion** : The provision of contraceptive selection education through *booklets* is expected to provide solutions for women of reproductive age (WUS) in making decisions that aim to assist women of reproductive age (WUS) in making the right choice of contraception. Complete and accurate information will affect the prospective acceptors' understanding of the family planning method that will be selected.

Keywords: *Family Planning, Contraceptive Methods, Fertile Age Women, Booklets*