

THE IMPORTANCE OF MOTHER'S KNOWLEDGE IN FAMILY PLANNING

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RESUME

Back ground: *Family planning* is one of the most effective ways to increase family resilience, health and safety of mothers, children and women. *Family planning* services provide information, education, *knowledge* and ways for men and women to be able to plan when to have children, how many children, how many years the age gap between children, and when to stop having children. Therefore the authors provide a solution in the form of a booklet for newly married couples about the right *family planning decision* to increase *knowledge* in *family planning decisions*. This *family planning* booklet is considered to be the right medium for newly married couples, because it contains the types of contraception, the advantages of contraceptives, as well as interesting images. The delivery of the booklet uses language that is easily understood by ordinary people. **Purpose:** To increase *knowledge* of newly married couples about having a family relationship that is right and safe. **Methods:** Booklet entitled "*Family Planning*" which can attract the attention of readers and can understand the material presented. **Conclusion:** The booklet entitled "*Family Planning*" contains important information accompanied by attractive pictures, using language that is easy to understand, so that readers are not confused about the information conveyed by the booklet.

Keywords: *family planning, knowledge, decision.*

