

**THE EFFECT OF PROVIDING RANGE OF MOTION (ROM)
TRAINING TO TRAIN THE MOTOR SKILLS OF
POST-STROKE PATIENTS**

Rizki Yanindar Rahmawati, Endah Sri Wahyuni, Sri Hartutik

rizkiyanindargmail.com

AISYIYAH UNIVERSITY SURAKARTA

ESSENCE

Background; Stroke is a condition that occurs when blood supply to the brain is suddenly interrupted, because some brain cells die as a result of clots or rupture of brain vessels. The most of stroke sufferers will experience limitations in performing activities, resulting in muscle and joint deterioration. Stroke patients require non pharmacological therapy, one of them is Range Of Motion (ROM), when we move joints both actively and passive in order to maintain joint mobility and to practice the motor skills of a stroke patient. The information about the importance of Range Of Motion (ROM) can be socialized through the one of media that is poster. **The Goal;** Poster can be used as public education media especially for post stroke patients to understand and apply ROM therapy to train the patients motor skills. **Other description;** The theme of the poster is a Range Of Motion (ROM) to train the motor skill of a post stroke patient and was created with the corel draw. **Conclusion;** practice Range Of Motion can be used to train motor skills and practice poster of the Range Of Motion (ROM) for training the motor skills of a post stroke patient can be coined as media education, communication and information.

Keywords : Stroke, Range Of Motion (ROM), Motor skills