

## EXCECUTIVE SUMMARY

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<b>VULVA HYGIENE METHOD TO IMPROVE THE HEALING OF PERINEUM ROSES OF POST PARTUM MOM THROUGH POSTER MEDIA</b>	
EXCECUTIVE SUMMARY	
<p><b>Background:</b> Childbirth often results in birth canal injuries, usually minor wounds, but sometimes large and dangerous wounds occur, so that after delivery, the vulva and perineum should always be examined. All post partum mothers who perform perineal wound care properly can accelerate the healing of perineal wounds, whereas improperly done perineal wound care can cause infection. Infection not only inhibits the wound healing process but can also cause damage to the supporting cell tissues. One of these infections should be prevented by proper vulva hygiene measures. <b>The purpose:</b> of poster media is because posters have the advantage of including short information that makes it easier for post partum mothers to understand the procedures for treating perineal wounds with hygiene vulva through posters so that they are easy to understand. <b>Benefits:</b> facilitates the dissemination of information aimed at the wider community. Give a motivation or an inspiration to every reader. For those who have skills in graphic design, posters can be used as a source of income. A tool to provide criticism, suggestions and motivation aimed at the general public. <b>Target:</b> This poster is for the general public, especially mothers after childbirth and mothers who check their pregnancies as preparation for postpartum perineal care.</p>	
<b>Keywords:</b> post partum maternal perineal tear, vulva hygiene	