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THE IMPORTANCE OF FAMILY SUPPORT IN THE CONSUMING FE TABLETS DURING PREGNANCY

ESSENCE

Background: *World Health Organization* (WHO) says more than 858.000 mothers die each year during childbirth or childbirth. The rate of maternal mortality (AKI) was one of the indicators of women's degrees of health. **Purpose:** To provide information about an expectant mother regarding her prenatal tablet. **Methode :** Using a textbook outlining "A HEALTHY PATTERN OF LIVING BY TAKING TABLETS AND ADDING BLOOD DURING PREGNANCY". **Conclusion :** A 12- page pocketbook containing how important the family is to contribute to the encouragement of drinking the fe tablet in the pregnant and how effective the family role is to become a reminder of the pregnant in taking the tablets of fe. It also has interesting pictures and writing that can increase interest on reading, so that it is hoped that it can benefit as a means of education in expectant mothers and general public to avoid anemia during pregnancy and to be able to apply the importance of fe's tablet consumption especially in pregnancy.

Keywords : Anemia, Tablet Fe, Ibu Hamil.