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THE IMPORTANE OF HUSBAND'S SUPPORT FOR ONSUMPTION OF IRON TABLET (Fe) IN PREGNANT WOMEN

SUMMARY/DIGEST

Bakground : The mortality rate for pregnant women in Indonesia still very high according to the Indonesai Demographic Data Surey (IDHS), Which is caused by anemia durung pregnancy and bleeding during delivery. Therefore the goverment has established a regulation requiring pregnant women to consume iron (Fe) tablets to overcome the problem of pregnancy anemia. In consuming iron (Fe) tablets, pregnant women need support from their husband for motivate mothers to consume irone (Fe) tablets orderly. Booklet were selected to provide health information that can summarize information effetively and attractively.

Objective : To increase knowladge of pregnant women so that they are more motivated and routinely consume iron (Fe) tablets, reduce in insiden of anemia in pregnant woman and the role of husbands in accompanying and providing support to mothers during pregnancy. **Method :** The booklet entitled “MAMAMIABUMIL (Mari Menegah Anemia Ibu Hamil) Bersama Suami dan Konsumsi Tablet besi (Fe)”was a communication medium in providing health information to pregnant women. **Conclusion :** The Booklet “MAMAMIABUMIL (Mari Menegah Anemia Ibu Hamil) Bersama Suami dan Konsumsi Tablet besi (Fe)”.contains important information about pregnancy and is accompanied by illustrated images that are expected to make it easier for pregnant women to understand the material presented. It is hoped that this booklet an be useful as an eduational medium for pregnant women and husbands to avoid anemia during pregnancy by regulary consuming iron (Fe) tablets.

Key Words : *Anemia of pregnant women, Husband's Support consumption of iron (Fe) Tablets, Booklets*