### THE IMPORTANCE OF HUSBAND’S SUPPORT FOR ONSUMPTION OF IRON TABLET (Fe) IN PREGNANT WOMEN

#### SUMMARY/DIGEST

**Background:** The mortality rate for pregnant women in Indonesia is still very high according to the Indonesian Demographic Data Survey (IDHS), which is caused by anemia during pregnancy and bleeding during delivery. Therefore, the government has established a regulation requiring pregnant women to consume iron (Fe) tablets to overcome the problem of pregnancy anemia. In consuming iron (Fe) tablets, pregnant women need support from their husband to motivate mothers to consume iron (Fe) tablets regularly. Booklet were selected to provide health information that can summarize information effectively and attractively.

**Objective:** To increase knowledge of pregnant women so that they are more motivated and routinely consume iron (Fe) tablets, reduce the incidence of anemia in pregnant women and the role of husbands in accompanying and providing support to mothers during pregnancy.

**Method:** The booklet entitled “MAMAMIABUMIL (Mari Menegah Anemia Ibu Hamil) Bersama Suami dan Konsumsi Tablet besi (Fe)” was a communication medium in providing health information to pregnant women.

**Conclusion:** The booklet “MAMAMIABUMIL (Mari Menegah Anemia Ibu Hamil) Bersama Suami dan Konsumsi Tablet besi (Fe)” contains important information about pregnancy and is accompanied by illustrated images that are expected to make it easier for pregnant women to understand the material presented. It is hoped that this booklet can be useful as an educational medium for pregnant women and husbands to avoid anemia during pregnancy by regularly consuming iron (Fe) tablets.

**Key Words:** Anemia of pregnant women, Husband’s Support consumption of iron (Fe) Tablets, Booklets