

# ***Increased Knowledge Of Post Partum Mother Breast Care With Booklet Media***

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## ***Essence***

*Breast care is an action to treat breasts, especially during the puerperium to facilitate breastfeeding, with abundant milk production, babies will get exclusive breastfeeding coverage in the city of Sukoharjo is still very low in 2018 based on the Sukoharjo City Health Office, which is only 43,99%. Breast milk production can increase or decrease depending on the stimulation of the breast glands. One of the factors that influence the formation is breast care (Asmuji, 2016). Breast care is carried out from day one to day seven after the baby is born and is carried out twice a day in the morning and evening baths. One of the media that can be used in providing information is a booklet. Booklets can be used with the aim of increasing knowledge, because booklets provide more specific information. It can be concluded that the booklet media can provide information to increase knowledge about breast care in post partum mothers.*

**Keywords :** *Breast Care, Post Partum Mothers, Breast Milk Production, Knowledge, Booklets*