

ABSTRAK

Venna Flavia Sari

NIM. C2014079

Program Studi Sarjana Keperawatan

Dosen Pembimbing

1. Wahyu P, S. Kep., Ns, M. Sc

2. Hermawati, S. Kep., Ns, M. Kep

HUBUNGAN DUKUNGAN SOSIAL DAN MEDIA MASSA DENGAN KEJADIAN *MENARCHE* DINI DI SDN MANGKUBUMEN LOR

ABSTRAK

Latar Belakang: *Menarche* normalnya didapatkan pada anak perempuan berusia 12-16 tahun. Bila anak perempuan mendapati *menarche* pada usia di bawah 12 tahun dikatakan mereka mendapati *menarche* pada usia dini. *Menarche* dini adalah haid pertama pada wanita lebih cepat dari kebiasaan. Faktor yang mempengaruhi *menarche* dini adalah lingkungan sosial, dan rangsangan audio visual (media massa).

Tujuan : Untuk mengetahui hubungan dukungan sosial dan media massa dengan kejadian *menarche* dini di SDN Mangkubumen Lor.

Metode: Penelitian ini termasuk penelitian kuantitatif dengan *analitik observasional* serta menggunakan pendekatan *cross sectional*. Sampel penelitian diambil dengan teknik total sampling sebanyak 84 orang siswi perempuan kelas III, IV dan V yang berusia 9, 10, dan 11 tahun. Kuesioner penelitian dilakukan uji validitas dan reliabilitas.

Hasil: Uji bivariat dalam penelitian ini menggunakan Uji *Chi Square* dengan nilai P value (0.033) < 0,05 pada hubungan dukungan sosial dengan kejadian *menarche* dini dan nilai P value (0.009) < 0,05 pada hubungan media massa dengan kejadian *menarche* dini.

Kesimpulan: Terdapat hubungan dukungan sosial dan media massa dengan kejadian *menarche* dini di SDN Mangkubumen Lor.

Kata Kunci: dukungan sosial, media massa, *menarche* dini

ABSTRACT

Venna Flavia Sari

NIM. C2014079

Undergraduate Program of Nursing

Counsellor

1. Wahyu P, S. Kep., Ns, M. Sc

2. Hermawati, S. Kep., Ns, M. Kep

RELATIONSHIP BETWEEN EARLY MENARCHE AND SOCIAL SUPPORT AND MASS MEDIA IN SDN MANGKUBUMEN LOR

ABSTRACT

Back Ground: Normal menarche ages of young female were usually 12-16 years old. If, a girl got her menarche at age of less than 12 years old, it can be said she had an early menarche. Early menarche was defined as the first menstruation occurring at lower ages than normal ages. Factors with great influences on early menarche were social environment, audio-visual (mass media) seduction.

Objectives: Purpose of the research was to know relationship between early menarche incident and social environment support and mass media in Mangkubumen Lor Public Elementary School.

Method: The research was quantitative one with observational analytic method and cross-sectional approach. Sample of the research was taken by using total sampling amounting 84 female students of class III, IV and V who had menarche at ages of 9, 10 and 11 years old. Questionnaire was examined for validity and reliability.

Results: Bivariate analysis of the research with chi-square resulted in p value (0.033) < 0.05 on correlation between early menarche and social support and p value (0.009) < 0.05 on correlation between early menarche incident and mass media meaning.

Conclusion: Relationship between early menarche incident and social support and mass media was found in SDN Mangkubumen Lor.

Key words: Early menarche, mass media, social support