

***EFFORTS TO IMPROVE COMMUNITY KNOWLEDGE
ABOUT MENTAL ILLNESS WITH THE BOOKLET MEDIA***

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SUMMARY

Background: *World Health Organization (WHO) in 2016, there are approximately 35 million people affected by depression, 60 million people affected by bipolar disorder, 21 million affected by schizophrenia, and 47.5 million affected by dementia. Mental illness or mental health disorders can be defined as a condition in which a person experiences symptoms that attack both physical and psychological and are related to emotions. The social impact can be in the form of exclusion, insults, ridicule, being separated from the environment as well as fear in the community. For this reason, efforts are needed to increase knowledge to prevent Mental Illness in the community by providing education. Method:* *The media used to provide information and education to the public is a booklet that is made interestingly about efforts to prevent mental health disorders. Result:* *Booklet media with title efforts to prevent mental health disorders can be used with the aim of increasing knowledge and providing clearer and more specific information because it contains detailed information, can be stored for a long time, is easy to carry anywhere and read anytime. Conclusion:* *Booklet media can provide information on how to prevent mental health disorders, so that people can apply it in their environment.*

Keywords: *Knowledge, Society, Mental Illness, Booklet*