

**CLEAN AND HEALTHY LIFESTYLE BEHAVIORS
AGAINST RISK OF DIARRHEA IN CHILDREN
THROUGH THE BOOKLET MEDIA**

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SUMMARY

Background : Diarrhea of problems are often found in toddlers. Diarrhea cases in toddlers was 11.5%. In the age range of children 6-11 months, the highest risk level for experiencing diarrhea is due to the immature digestive system of the child. Diarrhea can also cause impaired absorption of nutrients in the body, preventive measures can be taken are: by increasing proper hygiene and healthy living habits such as washing hands with running water and using soap, using healthy latrines, correct exclusive breastfeeding. The results of public knowledge about clean and healthy living habits are still low and it is necessary to provide information and education to the community, especially parents who have toddlers. **Method** : The IEC output method was in the form of a booklet. **Result** : The IEC media in the form of a booklet with the title "Let's Prevented Diarrhea with Clean and Healthy Behavior". **Conclusion** : Booklet media is effective as a medium for health education on Clean and Healthy Behavior to prevent diarrhea disease in toddlers and also to increase the knowledge of parents who have toddlers and the community can apply it in their daily lives.

Keywords: Toddler, Booklet, Diarrhea, Clean and Healthy Behaviors.