

EDUCATION OF CLEAN AND HEALTHY LIVING BEHAVIORS (PHBS) IN PRE-SCHOOL AGE AS AN EFFORT TO PREVENT THE SPREAD OF COVID-19

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SUMMARY

Background: Data from the COVID-19 Management Unit shows, of the total number of COVID-19 cases, the proportion of children aged 0-5 years suffering from COVID-19 in Indonesia is 2.3%. Meanwhile, the number of cases of infants aged 1-5 years that died due to COVID-19 in Indonesia reached 1%. The child mortality rate in Indonesia is high. Therefore, early childhood health education needs to be carried out by parents, health education taught can be in the form of Clean and Healthy Living Behavior. Clean and healthy living behavior is all health behavior that is carried out because of personal awareness so that the family and all members are able to help themselves in the health sector and have an active role in community activities. **Aim:** to realize the output in the form of an videos with the theme Clean and Healthy Living Behavior Education in Preschool Children as an Effort to Prevent the Spread of COVID-19 to provide knowledge to preschool children and the general public. **Output Description:** The theme of the resulting video is Education on Clean and Healthy Living Behavior in Preschool Children as an Effort to Prevent the Spread of COVID-19 which was created using Canva's Graphic Design Software. Videos contain important information about hygiene and healthy living habits and are made with attractive animated images. **Conclusion:** Clean and Healthy Living Behaviors can be applied to prevent the spread of COVID-19 and the video education on Clean and Healthy Living Behaviors in Preschool Children as an Effort to Prevent the Spread of COVID-19 can be used as a medium for communication, information and education. .

Keywords: COVID-19, Preschool Children