## THE EDUCATION OF MOTHER'S KNOWLEDGE ABOUT GIVING WEANING FOOD THE CHILDRENS 6-24 MONTHS AGES USING BOOKLET MEDIA

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## ABSTRACT

**Background:** Education is one of the establishment of a fact and theories which enables person to solve their problems that they will face. since every life always definitely have problems that humans must solve it. weaning food is food or drinks that contains nutrients given to baby to fulfill nutrients need. weaning food is given start from 6 ages above. as a baby grows older, the need for their nutrients to their body is increases for their growth. If the needs of weaning food are not met, it can cause the baby growth and development to be abnormal. So it is necessary to provide knowledge education to mother's through booklet media. **Method** : The grouping of weaning food of baby in 6-24 month ages could be control by nonpharmacologically namely giving with nutritious and practical. **Result** : one of the media that can be used to give some information is booklet media. booklet media can improve mother's knowledge and society easily. **Conclusion** : booklet media can give essential informations about giving a weaning food that suitable with baby's ages.

Keywords: Knowledge, Food, Booklet.