

**AN EFFORTS TO REDUCE THE WHITENESS OF ADOLESCENT GIRLS BY
DECOCTION OF BINAHONG LEAVES THROUGH BOOKLET MEDIA**

Khoirun Nisak Ardiya Sholikhah, Tri Susilowati

khoirunisardiya@gmail.com

‘Aisyiyah University Surakarta

SUMMARY

Background; *Leucorrhoea is a symptom of disease that often occurs in young women. The cause of abnormal vaginal discharge can be influenced by infection with microorganisms such as bacteria, fungi, viruses or parasites, chronic fatigue stress. The Indonesian Central Bureau of Statistics stated that in 2012 out of 43.3 million adolescents aged 15-24 years 83.3% had had sexual intercourse which was the cause of vaginal discharge. In 2013, women in the world experienced vaginal discharge around 75%, while European women in 2013 experienced vaginal discharge around 25%. Symptoms of vaginal discharge are also experienced by unmarried women or young women aged 15-24 years, which is around 31.8%. This shows that adolescents are at risk for vaginal discharge. This has resulted in various problems related to their reproductive organs. One of them is the appearance of vaginal discharge in young women.* **Purpose ;** *to help the community, especially young women, to prevent pathological leucorrhoea by giving binahong leaf decoction.* **Method ;** *Make use of the Corel Draw application to create an image design layout on a booklet. Result ; This final project is a media booklet “binahong leaf stew to prevent patologis leucorrhoea”.* **Conclusion ;** *booklet media is useful for adolescents who experience vaginal discharge, with booklet media can make it easier for teenagers to apply the use of binahong leaf stew to prevent leucorrhoea.*

Keywords : *binahong leaves, vaginal discharge, teenagers*