

EFFORTS TO INCREASE KNOWLEDGE ABOUT ANC IN HIGH-RISK PREGNANT WOMEN USING *BOOKLET* MEDIA

Fransisca Agata Dian Ippin, Annisa Andriyani

Fransiscaagatadian@gmail.com

‘Aisyiyah University of Surakarta

SUMMARY

Background; *Pregnancy is a condition where the egg is fertilized sperm cells until it eventually becomes a fetus in the womb. Every pregnant woman faces the risk of life-threatening complications. One of the steps that can be done in overcoming the risks to pregnant women is the proper antenatal care examination in accordance with the standards. Antenatal Care is a pregnancy service and supervision to know the general health of the mother and fetus, enforce early pregnancy complications, and establish the risk of pregnancy. The lack of public knowledge about the importance of Antenatal Care examination requires media used as a means of health education. One of them is a booklet.* **Purpose;** *Booklets can be used as a medium of health education in the teruama community in pregnant women to increase knowledge about the importance of Antenatal Care Examination.* **Output Description;** *The theme of this booklet is the Importance of Antenatal Care, explaining the importance of Antenatal Care to reduce the risk of pregnancy complications and supervise fetal growth.* **Target;** *This booklet is intended for the public, especially pregnant women, to improve monitoring and health workers as a guideline on the importance of Antenatal Care.* **Conclusions;** *Booklet can be used as a medium of education and information to increase public knowledge about the importance of Antenatal Care.*

Key words : *Risk Pregnancy, Antenatal Care*