

EARLY MOBILIZATION AS A POST WOUND HEALING EFFORT OPERATION SECTIO CAESAREA

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SUMMARY

Background: According to the Indonesian Ministry of Health in 2020, the most common causes of maternal death in 2019 were bleeding (1,280 cases), hypertension in pregnancy (1,066 cases), infection (207 cases). One of the factors behind maternal mortality is the mother's ignorance of reducing the risk of labor management. In women who give birth by cesarean section, they are more at risk of having complications from mothers who undergo normal training. Mobilization is important to speed up the recovery of the mother so that she can carry out normal daily activities. This delay in mobilization will make the mother's condition worse and delay post-surgical recovery **Methods:** : The method used is using IEC media in the form of video as an information medium which contains early mobilization as an effort to heal wounds post surgery for cesarean section. **Results:** The video media used can increase knowledge and information about early mobilization of mothers after cesarean section surgery. **Conclusion:** Video is a technology for capturing, recording, processing, and storing, transferring, and reconstructing a sequence of still images by electronically presenting the scenes in motion.

Keywords: Childbirth, Early Mobilization, Video

