

UMBILICAL CORD CARE TECHNIQUES FOR THE LENGTH OF TIME TO RELEASE THE UMBILICAL CORD

Hidayatun Asma'ul Husna

E-mail : hida.hiasna@gmail.com

'Aisyiyah Surakarta University

ESSENCE

Background; *The mortality rate for newborns globally has decreased, from 5 million in 1990 to 2.4 million in 2019. In 2019, 47% of all infant deaths under the age of 5 occurred in the newborn period with about a third dying on the day of births and nearly three-quarters of them died within the first week of birth. Newborn babies are very susceptible to infection with microorganisms during the labor process and some time after the baby is born. One of the infections that often occurs in newborns is caused by a problem with the umbilical cord.* **Method;** *In an effort to minimize the development of umbilical cord infections, namely by performing umbilical cord care and keeping the umbilical cord clean and dry. Therefore education about umbilical cord care must be given in an appropriate manner.* **Result;** *Health education about cord care techniques through booklets.* **Conclusion;** *Booklets media can provide information to increase knowledge about good and correct umbilical cord care techniques.*

Key words : *Umbilical Cord Care and Booklet Media*