

THE BEHAVIOR OF CLEAN AND HEALTHY TO PREVENT COVID-19 WITH VIDEO MEDIA.

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SUMMARY

Background; *At the beginning of 2020, the world was shocked by the outbreak of a new virus, namely a new type of corona virus (SARS-COV-2) and the disease is called Corona virus disease 2019 (COVID-19), it is known that the origin of this virus originated in Wuhan, China. It was discovered at the end of December 2019. Until now, it has been confirmed that there are 65 countries that have contracted this one virus. (WHO, 2020). Data from the Ministry of Health on Mei 06 , cases in Indonesia with positive cases of 1,697,305 people, according to the Central Java Provincial Government (2021) Confirmed cases in Central Java reached 6,704 confirmed recovered 163,852 and died 11,450 people, and data from Moewardi Hospital Solo, someone confirmed corona reached 2,467 people with the number recovered reaching 2,049 and 669 died And according to data from the Ministry of Health on March 27, there were 1,492,002 positive cases in Indonesia, therefore the authors took the title implementing a healthy and clean lifestyle for the prevention of Covid-19 so that people avoid the Covid-19 virus.*

Methods; *the media used to add information and knowledge in the form of videos.*

Result; *video can be a medium for independent learning, can increase people's knowledge.*

Conclusion; *Based on the discussion above, it can be concluded that PHBS can maintain the health of the community during the Covid-19 pandemic. Providing educational videos about clean and healthy lifestyles to the public so that all elements of the community carry out their daily lives about healthy and healthy living behaviors and which are entitled "the application of healthy living for the prevention of Covid-19".*

Keywords: Clean and healthy life, Covid-19, video