

EFFORTS TO IMPROVE KNOWLEDGE ABOUT BOOKLET RED LEAVES TO REDUCE WHITE IN ADOLESCENT THROUGH *BOOKLET* MEDIA

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SUMMARY

Background :Leucorrhoea is a symptom of a disease in which the vaginal discharge is micous and often occurs un adolescents. Abnormal vaginal discharge, greenish, yellow or mixed with blood, smelly and very itchy. Psychological conditions such as stress, chronic fatigue, chronic balance disorders, and inflammation of the genitals also affect the appearance of vaginal discharge. Symptoms of vaginal discharge are also experienced by unmarried women or young women aged 15-24 years, which is around 31.8%. this shows that adolescents are at have experienced vaginal discharge at least once in their lives. One of the non-pharmacological therapies that can be done is using red betel leaf decoction, the content of red betel leaf, namely flavonoids, alkaloids, tannins, streroids, saponins, triterpenoids which are proven to prevent leucorrhoea. **Methods :** The method used in the writing of final project is a journal study, then applied to the community by educating people, especially those with vaginal discharge, using booklet media. **Result :**The output produced in this Final Project is a Media of Communication and Education (IEC) in the form of a Booklet. **Conclusion :**The output or media booklet aims to provide information to the public about the dangers of vaginal discharge and its reduction efforts.

Keywords: *Red betel leaf, vaginal discharge,adolescents.*

