

EDUCATION OF GIVING BAY LEAF BOILED WATER AS AN EFFORT REDUCE URIC ACID

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SUMMARY

Background; According World Health Organization (WHO, 2018) prevalence of uric acid has increased in number 1.370 (33,3%). According to Riskedas in 2018 the prevalence of uric acid based on diagnosis or symptoms is 24,7% when viewed from age characteristics, high prevalence at >75 age (54,8%). Central Java Province, the largest sufferer in the city of Semarang is 3,76% by numbers 3.569. Gout asthma attacks are established with excruciating and often recurring pain. The impact if uric acid is not treated will result in decreased pain and swollen joints. **Method;** The output method booklet utilizes the Corel Draw X7 application to design. **Result;** The output of this final project is in the form of a booklet. **Conclusion;** this booklet was created to increase the knowledge of people and families with gout sufferers about the management of bay leaf boiled water to reduce uric acid levels.

Keywords: Gout, Bay Leaf, Booklet