

A method of giving honey to accelerate the healing of perineal wounds in post partum mothers using booklet media

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SUMMARY

Background: About 90% of the causes of maternal mortality in Indonesia occur during childbirth. *post partum* hemorrhage is the leading cause of 40%. *Post partum* hemorrhage occurs due to a tear in the birth canal or perineum, approximately 50% of birth canal tears are the second cause of *post partum* hemorrhage. One of the causes of bleeding is a tear in the birth canal (*Rupture perineal wound*). *Honey* can increase the contraction time in the wound through an increase in granulation tissue and collagen as well as a significant epithelialization period as well as many antioxidant compounds and antibiotics (antibacteria), antiseptic which inhibits bacterial growth **method:** used is to use IEC media, namely *booklet* which is expected to be a source of information for *post partum mother* **results:** the *booklet* will be submitted to the IPR at the University of 'Aisyiyah Surakarta and especially for *post partum mothers* so that they can know the handling of *post partum wound* care using *honey*. **Conclusion:** Treatment of 'perineal wounds in *post partum mothers* using honey is proven to be more effective in accelerating wound healing in the category of *perineal wounds* that heal within 1-6 days. *Booklet* is used because it is appropriate for conveying information to *post partum mothers*, *booklet* media can be taken home, easy to carry anywhere and does not require a lot of space. and can be read at any time to adjust the condition of the mother, whether the mother is relaxed or while breastfeeding her baby.

Keywords: *honey, perineal wound, post partum, booklet*