

# THE ROLE OF NUTRITION IN THE PROCESS OF WOUND HEALING IN POSTOPERATIVE PATIENTS WITH MEDIA *BOOKLET*

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## *SUMMARY*

**Background :** *Surgery ranks 11 of the first 50 treatments in hospitals in Indonesia, which each year has increased to reach 2.1 million procedures. Research at Sarjito Hospital found that 52.46% of post-surgical patients experienced surgical wound healing for more than 7 days due to insufficient nutritional intake. The fulfillment of nutrition has an important role in the postoperative wound healing process, namely accelerating wound healing and reducing susceptibility to infection.* **Method :** *Information about the importance of nutrition in the wound healing process is socialized through the media, one of which is a booklet. Booklet media is one of the health promotion media for information purposes to the public in printed form.* **Result :** *The title of the booklet, “Nutritional benefits for surgical wound healing” was created using a design application with a size of 3.5 x 8.5 inches consisting of 17 pages.* **Conclusion :** *Media booklet it can provide and increase knowledge to the public, especially post operative patients about the benefits of nutrition in the wound healing process.*

**Keywords :** *Wounds, Post, operative, Nutrition, Booklet*