CLEAN WOUND TREATMENT 0.9% NaCl TO TYPE II DM WOUND HEALING THROUGH BOOKLET MEDIA Rezha Aldova Silvano

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ABSTRACT

Background ; Diabetic foot injuries are caused by several factors, namely neuropathy, trauma, foot deformity, high pressure on the soles of the feet and peripheral vascular disease. Diabetic ulcers are the most common complication experienced by people with type II diabetes mellitus, namely peripheral neuropathy (10-60%). Efforts made to prevent more serious complications require effective and efficient wound care interventions. Handling of wounds in diabetes mellitus can be done with clean wound care of 0.9% NaCl. NaCl 0.9% is an isotonic solution that is safe for the body, is not irritant, protects the granulation of tissue from dry conditions, maintains moisture around the wound or helps the wound undergo the healing process. Based on the results of this study, the use of 0.9% NaCl was considered fast in the efforts to cure diabetic ulcers until the proliferation phase. Method; The type of media used was a booklet with the title "Clean Wound Treatment with NaCl 0.9% Against Wounds Healing Type II Diabetes Through *Booklet* Media". **Result**; One of the media that can be used in providing information is the media booklet. Booklet media can be used with the aim of increasing knowledge, because *booklet* media contains clear and interesting information. **Conclusion** ; *Booklet* media can provide information on how to take DM wound care steps with the *clean wound* method to accelerate healing of DM wounds.

Keywords ; Diabetes Mellitus, Clean, Wounds, 0.9% NaCl, Booklet