

## **HEALTH EDUCATION ABOUT BREAST SELF-EXAMINATION (SADARI) AS EARLY DETECTION OF BREAST CANCER**

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### ***SUMMARY***

**Back ground;** Breast cancer in Indonesia occupies numer two of the incidence of all types of cancer in Indonesia. The prevalence of breast cancer was 0,5% with an estimated absolute numer of 61.682. The high mortality rate from breast cancer occurs because patients who come to health services are already at an advanced stage. Where when it is an advanced stage, the healing process will also be difficult to carry out. Limited public knowledge about breast cancer and how to detect it is one of the cause of it happening. **Method;** Make use of coreldraw x5 literature ad technology tocreate booklet design. **Result;** The output of this final project is a media booklet. **Conclusion;** Media booklet “Health education about breast self-examination (realize) as an early detection of breast cancer”, This booklet can be used as a educational medium to icrease knowledge about SADARI as a early detection of breast cancer.

**Keywords;** Breast cancer, SADARI, booklet

