

## **Improvement Effort of Mother's Knowledge about Handling Choking Baby with Booklet Media**

Safanah Aulya Nugroho

[Safanahnugroho80@gmail.com](mailto:Safanahnugroho80@gmail.com)

Aisyiyah University of Surakarta

### **ABSTRACT**

**Background:** Choking is something that often occurs in babies, especially for babies under 6 months of age. Choking on a baby can be caused by many things, one of the causes is drinking breast milk. The phenomena of choking that happens in Indonesia, among them occurred in Denpasar, Bali on March 26<sup>th</sup>, 2016, a 2 months old baby died because of choking after being given breast milk. Choking is an emergency condition that must be handled quickly. In handling choking in babies, mother is the important person to perform the first aid. Therefore, mother needs to be given first aid knowledge because there are many incidents of emergency patients who died or experienced disabilities because of the mistake in giving the first aid. **Method:** The media which used in improving the mother's knowledge about handling choking is booklet. **Result:** The booklet that produced, aims to improve the knowledge of mothers about handling choking in babies. **Conclusion:** The booklet of handling choking baby can be used by the society and especially for mothers as the source of information to handle choking babies properly and correctly.

**Keywords:** *Baby, Choking, Emergency, Handling, Mother, First Aid, Knowledge Improvement, Booklet*