

**“ISLAMIC COMBINING OF KURMA AND HONEY JUICE
TO INCREASE HEMOGLOBIN LEVELS IN
ADOLESCENT PRINCIPLE ANEMIA THROUGH POSTER MEDIA ”**

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SUMMMARY

Background: *The incidence of anemia in young girls aged 15-24 years is still high, reaching 32% in 2018. Some of the factors that cause anemia are chronic blood loss, insufficient iron intake, inadequate absorption and increased demand for substances. iron is in line with the developmental period of adolescence.*

Methods: *the method used was to make an output with a poster media to broaden the public's insight about the innovation of a honey date juice combination drink that can increase hemoglobin levels in anemic adolescent girls. Results:* *Output in the form of posters on how to make healthy drink thibbun nabawi from dates and honey to treat anemia in young puri. Conclusion:* *Educational media in the form of posters made from dates and honey have been created to treat anemia in young women.*

Keywords: *Anemia, Hemoglobin, Honey Dates Juice*