

**AN OVERVIEW OF PSYCHOLOGICAL HEALTH AND SOCIAL RESTRICTIONS THAT
TRIGGER STRESS DURING CLINICAL PRACTICE DURING THE COVID-19
PANDEMIC FOR UNDERGRADUATE NURSING STUDENTS AT AISYIYAH
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ABSTRACT

Background ; *In the midst of the Covid-19 virus outbreak, students still have to carry out practice in order to achieve nursing competency targets. Clinical practice in the midst of the Covid-19 virus outbreak certainly has an impact on students who undergo it.* **Destination ;** *To find out the description of the factors that trigger student stress in dealing with clinical practice during the pandemic.* **Method ;** *The research design is descriptive, using a simple random sampling method, a population of 268 students, a sample of 73 respondents, the research instrument using a questionnaire made by the researcher for all variables in this study. Analysis of the data using the univariate method in the form of descriptive percentage.* **Results;** *The univariate test showed that the majority of respondents' physical health status was sufficient, as many as 72 respondents (97.3%). bad psychological health status as many as 39 respondents (53.4%) and good psychological health status as many as 34 respondents (46.6%). 60 respondents (82.2%) were not affected by social restrictions and 13 respondents (17.3%) were affected by social restrictions.* **Conclusion:** *The majority of respondents experienced mild physical health status as many as 71 respondents. The majority of respondents experienced poor psychological health status as many as 39 respondents. The majority of respondents were not affected by social restrictions as many as 60 respondents.*

Keywords ; *Students, clinical practice, pandemic.*