

PRONING TECHNIQUES AS AN EFFORT TO INCREASE OXYGEN SATURATION IN COVID-19 PATIENTS THROUGH VIDEO MEDIA

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SUMMARY

Background: In 2020 number of confirmed cases of Covid-19 in the world was 271,963,2583 (270 million) cases. From that figure, the number of deaths was recorded at 5,331,019 cases. While in Indonesia the number of Covid-19 cases was recorded at 4,253,598 confirmed cases of Covid-19 as of November 22, 2020. In detail, it was explained that of the total positive cases, 4,101,889 patients had been declared cured, while the death cases related to the Covid-19 pandemic were in Indonesia. 143,744 people. Covid-19 patients with severe symptoms, one of which is hypoxaemia, it is necessary to take supportive and rehabilitative care to reduce symptoms and the risk of death. Supportive care that is currently being carried out for Covid-19 patients is the proning position. **Method;** Using video media as an effort to provide education, information to the public, especially for Covid-19 patients, because videos present images and sounds. Videos can also be understood anywhere and anytime. **Results;** The resulting project is in the form of video media as a medium for providing education, information to women of childbearing age about efforts to increase oxygen saturation. **Conclusion;** With video media containing information about the Proning technique, it is hoped that the public, especially Covid-19 patients, can know, understand, apply and do ways to increase oxygen saturation.

Keywords: Covid-19, Proning Technique, Video Media