DESCRIPTION OF THE KNOWLEDGE LEVEL OF ADOLESCENT FEMALE ABOUT VULVA HYGIENE AT BUDI UTOMO BOARDING SCHOOL, SURAKARTA

Novia Nur Hanifah, Erika Dewi Noorrati noviahanifah499@gmail.com

ABSTRACT

Background: Individual or personal hygiene and sanitation is number 3 and reproductive health is number 8 in the 10 main risk factors that cause illness death in adolescence. Objective: to identify the characteristics of age, education and knowledge of vulvar hygiene in adolescent girls at the Budi Utomo Islamic Boarding School, Surakarta. Methods: This study used a descriptive research method, with a cross sectional approach. Sampling using purposive sampling technique with a sample of 207 respondents. Results: The results showed that the majority aged 16-18 years (intermediate phase) were 89 respondents (43%), the level of education of the majority were regular young women as many as 55 respondents (26.6%), the level of knowledge of the majority of vulva hygiene was sufficient as many as 93 respondents (44.9%). Conclusion: Most of the young women at the Budi Utomo Islamic Boarding School in Surakarta have sufficient knowledge about vulvar hygiene.

Keywords: Knowledge, Vulva Hygiene, Adolescents