THE OVERVIEW OF THE LEVEL OF ANXIETY AMONG RESIDENTS LIVING IN FLOOD-PRONE AREAS IN WARUKKALONG VILLAGE, NGAWI DISTRICT

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ABSTRACT

Background: Natural catastrophes are common in Indonesia. Floods dominated all-natural disasters that struck practically every corner of Indonesia, accounting for 1,288 events (42.1%). East Java comes in second with 211 catastrophe events for 2021, including 118 flood disasters. The Bengawan Madiun River flows through Kwadungan District in Ngawi Regency, which is a lowland region at an elevation of 52-54 meters above sea level. Flooding can have a long-term mental health impact in the form of anxiety and physical damage. Objectives: The aim of this study was to determine the level of anxiety among residents in flood-prone areas in Warukkalong Village, Ngawi Regency. Method: The research method used in this study is a survey method with descriptive quantitative research. Results: The findings revealed that the individuals living in flood-prone areas in Warukkalong Village, Ngawi Regency, were predominantly teens aged 18-25 years (35.23%), women (56.8%), those with a high school/vocational school education (40.9%), and those with mild anxiety (93.18%).

Keyword: level of anxiety, flood