

Tri Nyadasih

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**KERONCONG MUSIC INFLUENCE ON BLOOD PRESSURE OF
HYPERTENSIVE PATIENTS AT ELDERLY POSYANDU
SEDIYA RAHAYU KADIPIRO SURAKARTA**

ABSTRACT

Back Ground ; Hypertension is the biggest risk factor for cardiovascular disease, stroke and ischemic disease wich will continue to increase to 80 %. This condition requires pharmacological or non pharmacological treatment. One therapy that can be given is keroncong music therapy **Purposes ;** Knowing the effect of Keroncong music on blood pressure of hypertensive patients in Posyandu lansia Sediya Rahayu Surakarta **Method ;** Experimental study research with pre experimental one group pretest-posttest design. Sampling using purposive sampling technique, with a total sample of 20 respondents, while the research instrument uses sphigmomanometer anaeroid and keroncong music. Bivariate analysis using Wilcoxon Signed Rank Test. **Result ;** Keroncong music influence on systolic blood pressure (p value = 0.003) and (p value = 0.002) for diastolic blood pressure **Conclusion ;** Keroncong music influence on the blood pressure of hypertensive patients in the elderly Posyandu Sediya Rahayu Kadipiro Surakarta.

Keywords: hypertension, keroncong music, blood pressure