

**APPLICATION OF BRAIN THERAPY OF FUNCTION
COGNITIVE ON MIDDLEAGE IN THE VILAGE OF BOROREJO
KELURAHAN JAGALAN**

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ABSTRACT

Background: Middleage is a process that all humans will experience, a process that will be marked by memory impairment, understanding and concentration. That decline is commonly referred to as a decline in cognitive function. It's a therapeutic technique that gives the brain a stimulus to increase cognitive function so as to maintain memory function, a concentration of learning and understanding memory. **Purpose:** describe improvements seen after and before, improvements and comparative cognitive function. **Method:** this study is a therapeutic study with case studies using a descriptive method. **Results:** the study shows that prior to her cerebral palsy, Mrs. V and Mrs. V. The same "s" has a mild cognitive decline, after five brain calist-therapy meetings in five weeks and 15 minutes both respondents have increased cognitive function to normal. **Conclusion:** cerebral exercise can increase cognitive function in Middleage in the village of Bororejo.

Keywords: *Middleage, cognitive function, brain therapy.*