DESCRIPTION OF POST-FLOOD STRESS LEVEL IN SEMANGGI SUB-DISTRICT, PASAR KLIWON

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ABSTRACT

Background : *Indonesia is a region prone to natural disasters because of its geographical and geological location. BNPB data for 2022 states that there have been 3,531 natural disasters in Indonesia. The dominating natural disasters, namely floods, reached 1,524 incidents. Floods have a psychological impact, one of which is stress disorder. Stress is the body's reaction to situations that cause pressure, change, and emotional tension. Stress can arise due to triggering factors such as natural disasters, because no one can predict when a disaster will occur.* ***Objective:*** *Assess the level of post-flood stress in Semanggi Village.* ***Method :*** *In this study using a type of quantitative descriptive research. Sampling used a quota sampling technique with a total sample of 94 respondents. Data analysis using univariate analysis. This study used the Perceived Stress Scale Questionnaire (PSS-10).* ***Results :*** *16 people (17%) had mild stress levels, 75 people (79.8%) had moderate stress levels, and 3 people (3.2%) had severe stress levels.* ***Conclusion :*** *Most residents in Semanggi Village, Pasar Kliwon District experience moderate stress disorder.*

Keywords : *Flood, stress level*