EFFORTS TO INCREASE MOTHER'S KNOWLEDGE ABOUT FIRST AID FOR CHOKING TODDLERS THROUGH VIDEO MEDIA IN THE VILLAGE OF SEJATI, WONOGIRI REGENCY

Rakha Ardian Utomo

rakagio123@gmail.com

Universitas 'Aisyiyah Surakarta

SUMMARY

Background; Toddler choking begins with small objects that enter the airway. Choking is not a contagious disease, but a toddler who is choking is what is the emergency for parents in looking after their toddler. Choking is an emergency condition in which small objects enter the mouth, causing obstruction of the airway and resulting in a lack of oxygen intake resulting in death. There are 3 choking treatments that are often used, such as Chest Trust, Back Blow, Heimlich Maneuver. The skill of handling choking in this mother uses video media. This video media contains these 3 steps so that parents can increase their skills in dealing with choking toddlers. Method; The media used in this method uses video media which can be used as a means of health education in the community, especially in families with toddlers. Results; After education, it is hoped that the community, especially families who have children under five, will have skills in handling first aid for toddlers who are choking. Conclusion; Video media can be used as an educational and information medium to increase public knowledge, especially in families with toddlers

Keywords; Toddlers, Choking, Mother Attitude, Video