## RELATIONSHIP BETWEEN KNOWLEDGE OF FEEDING MP-ASI AND NUTRITION-CONSCIOUS FAMILY BEHAVIOR ON THE INCIDENCE OF STUNTING IN CHILDREN AGED 6-24 MONTHS AT PUSKESMAS POLOKARTO

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## **ABSTRACT**

Background: Stunting can be seen from the condition of children experiencing impaired growth as a result of chronic nutritional problems. Several factors can cause stunting, including lack of MP-ASI knowledge and nutrition awareness behavior. Objective: To determine the relationship between complementary feeding knowledge and nutrition-conscious family behavior to the incidence of stunting in children aged 6-24 months at Puskesmas Polokarto. Research Methods: Analytic observational with cross-sectional. Results: The results of the knowledge study showed a p-value=0.003, meaning that there was a relationship between knowledge of complementary feeding on the incidence of stunting in children aged 6-24 months at Puskesmas Polokarto. The results of behavioral research showed a p-value=0.001, which means that there is a relationship between nutrition-conscious family behavior and the incidence of stunting in children aged 6-24 months at Polokarto Puskesmas. Conclusion: There is a relationship between knowledge of complementary feeding and nutrition-conscious family behavior on the incidence of stunting in children aged 6-24 months at Puskesmas Polokarto.

**Keywords:** knowledge of complementary feeding, nutrition-conscious family, stunting