

DESCRIPTION OF THE LEVEL OF KNOWLEDGE OF MOTHERS ABOUT EXCLUSIVE BREAST FEEDING TO INFANTS IN PUSKESMAS TANON II

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ABSTRACT

Background : Mother's lack understanding and knowledge about breastfeeding and the benefits of breastfeeding are the biggest factors that make mother's easily influenced and switch to formula milk. Non exclusive breastfeeding has a risk of death due to diarrhea. One of efforts that can reduce infant mortality is by participating in family planning (KB) programs, mothers giving birth at health facilities, babies who get complete basic immunization and babies who get exclusive breastfeeding. There are several factors that can be an impact of the success in exclusive breastfeeding, namely the mother's age, mother's education, and mother's knowledge about exclusive breastfeeding. **Objective :** To determine the level of knowledge of mothers about exclusive breastfeeding for infants at the Tanon II health center. **Method :** The sampling technique was 56 mothers who had babies at the Tanon II Health Center. **Results :** The results of the univariate test showed that the characteristic of the respondents were mothers aged 20-35 years (87,5%), some mothers had high school education (60,7%), worked as housewives (69,6%), and the level of knowledge of mothers was in the moderate category (83,9%). **Conclusion :** The majority of mother's knowledge level about exclusive breastfeeding is 83,9.

Keywords : *Level of knowledge, Exclusive Breastfeeding, Infants*