

**DESCRIPTION OF HYPERTENSION CONTROL EFFORTS IN PATIENTS WITH
HYPERTENSION AT TASIKMADU HEALTH CENTER**

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ABSTRACT

Background: Hypertension is the beginning of a major health problem throughout the world, both in developed and developing countries. Hypertension is a disease that causes death, because hypertension is a hidden killer disease or commonly called the silent killer. According to the World Health Organization (2021) it shows that an estimated 1.28 billion people in the world aged 30 to 79 years suffer from hypertension. Most people with hypertension live in low- and middle-income countries. An estimated 46% of adults are not aware that they have hypertension. **Purpose:** This study aims to describe the characteristics of hypertension sufferers at the Tasikmadu Health Center. **Methods:** This research is a quantitative descriptive research. The population in this study was 2,371 with 96 respondents being studied. This research was measured using a questionnaire instrument. Sampling using purposive sampling technique and takes 3 days. **Results:** The results of this study indicate that the majority of hypertension sufferers are in the good category with 53 respondents (55.2%), sufficient category with 26 respondents (27.1%), poor category with 16 respondents (18.7%). **Conclusion:** The conclusion was obtained that the level of efforts to control hypertension at the Tasikmadu Health Center was in the good category as many as 53 respondents.

Keywords: Hypertension, control efforts