

**PERSONAL HYGIENE DESCRIPTION OF MOTHERS ON THE INCIDENCE OF
DIARRHEA IN TODDLERS IN MLIWIS VILLAGE, CEPOGO DISTRICT, DISTRICT
BOYOLALI**

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ABSTRAK

Background: *One of the factors causing the high incidence of diarrhea in toddlers is the mother's personal hygiene, while personal hygiene is self-care that affects individual health. Diarrheal disease is the main cause of death and serious illness in children under five years. According to WHO (2019) there are 1.7 billion cases of diarrhea worldwide every year which kill around 525,000 children under five. The incidence of diarrhea in Indonesia is the number two cause of death in children under 5 years of age. The magnitude of the problem of diarrhea is the main cause of death and the highest morbidity in children under 5 years of age.*

Objective: *To describe the personal hygiene of mothers on the incidence of diarrhea in toddlers in Mliwis Village. Method : Quantitative descriptive research. The population is 429 with a total of 81 respondents. The measuring instrument uses a questionnaire instrument. Sampling using Random Sampling technique. Results: The results showed that the mother's personal hygiene for the incidence of diarrhea in toddlers was mostly in the sufficient category as many as 43 mothers (53.1%), respondents in the good category were 35 mothers (43.2%), and respondents in the less category were 3 mothers (3.7%). Conclusion: The conclusion was obtained that maternal personal hygiene for the incidence of diarrhea in toddlers in Mliwis Village, Cepogo District, Boyolali Regency was in the sufficient category for 43 mothers.*

Keywords : *Personal Hygiene, Diarrhea, Toddlers*