

**DESCRIPTION OF PARENT KNOWLEDGE IN
FEEDING PRACTICES TO CHILDREN
PRE-SCHOOL AGE AT RA AL-AZIZIYAH**

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ABSTRACT

Background: *Preschool-age children in their bodies require a high need for calories, protein, vitamins and minerals. The practice of feeding pre-school children on a daily basis must be balanced and varied. In one day the energy needs of pre-school age children are 1,600 calories. This need will be fulfilled if the knowledge of parents in fulfilling good nutrition. The level of parental knowledge about nutrition influences the mother's behavior in choosing food for all family members, especially children under five which will have an impact on nutritional intake. The negative impact of a lack of parental knowledge in feeding children is malnutrition such as stunting, wasting, underwasting, overweight.* **Purpose:** *This study aims to describe the knowledge of parents in feeding practices at RA Al-Aziziyah.* **Method:** *The type of research used in this research is descriptive using quantitative methods. Sampling using total sampling with a total of 58 respondents. The instrument used was a knowledge level questionnaire.* **Results:** *The results showed that the majority of respondents had a good level of knowledge about feeding with a total of 44 respondents with a percentage of 75.9%, while the level of knowledge was sufficient for 14 respondents with a percentage of 24.1%.* **Conclusion:** *The level of knowledge about the majority of feeding practices is good.*

Keywords: *Knowledge; Feeding Practices; Preschool Age Children.*