

**APPLICATION OF MUROTTAL THERAPY TO REDUE PAIN IN POST
SECTIO CAESARE WOMEN IN THE ADAS MANIS WARD AT
PANDAN ARANG BOYOLALI HOSPITAL**

Heni Safitri, Anjar Nurrohmah, Panggah Widodo

henisafitri389@gmail.com

Universitas 'Aisyiyah Surakarta

ABSTRACT

Background: Pain in post cesarean section is usually caused by pain in post cesarean section wounds. Attempts to reduce pain with non-pharmacological distraction techniques to reduce pain, one of the effective distraction techniques is murottal therapy. Murottal therapy is a nursing care, which teaches clients to provide therapy by listening to the holy verses of Al-Quran. **Objevtive:** Describe the development of pain before and after the application of Murottal Therapy on reducing pain in post secito caesarea Mothers. **Method:** Descriptive method with a case study approach and using a proess approach to nurisng. **Result:** There was an effect of murrotal therapy on decreasing the pain of post secito caesarean mothers from the category of moderate pain to no pain. **Conclusion:** The development of the pain scale before and after giving murottal therapy for 3 days showed that there was an effect of murottal therapy on post secito caesarea pain, whih decreased every day from the moderate pain scale category to on pain.

Keywords: Secito Caesarea, Pain, Murottal Therapy