

**APPLICATION OF LULLABY MUSIC THERAPY RESPIRATION RATE IN
PREMATURE INFANTS IN THE PERINATOLOGY ROOM OF RSUD
Dr.SOEHADI PRIJONEGORO SRAGEN
ABSTRACT**

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Background: Preterm birth is still an infant health problem in Indonesia and in several countries because preterm birth accounts for 60% of the causes of neonatal mortality. Problems that occur are related to the birth of premature babies that occur before 37 weeks of gestation and are usually followed by a body weight of less than 2500 grams at birth. Premature infant care can be done by providing music therapy. **Objective:** This application aims to determine the results of the implementation of giving Lullaby music therapy to Respiration rate in premature babies at RSUD dr.Soehadi Prijonegoro Sragen. **Method:** the application was carried out with descriptive case study method to 2 respondents who experienced disturbances in respiration rate for 3 consecutive days with a frequency of 1 time a day for 30 minutes. **Results:** based on the results of the application that has been done there is a decrease in Respiration rate in premature babies before and after being given Lullaby music therapy. **Conclusion:** There is an effect of lullaby music therapy on respiration rate in premature infants after being given lullaby music therapy for 3 days, it decreased within normal limits.

Keywords: Premature Infants, Respiration Rate, Lullaby Music