APPLICATION OF FAMILIAR AUDITORY SENSORY TRAINING AT THE LEVEL OF CONSCIOUSNESS OF STROKE PATIENTS IN THE ICU ROOM OF PANDANARANG HOSPITAL, BOYOLALI

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ABSTRACT

Background: Stroke can cause patients to experience a state of decreased consciousness. Stroke patients who experience decreased consciousness require non-pharmacological therapy as additional therapy to support the healing process, namely auditory sensory stimulation. One of the auditory sensory stimulation interventions is in the form of Familiar Auditory Sensory Training (FAST). Objective: To determine the application of familiar auditory sensory training on the level of consciousness of stroke patients in the ICU room of Pandanarang Boyolali Hospital. Methods: The application was carried out using a case study descriptive method to 2 stroke patients who experienced decreased consciousness in the ICU. Instrument: Glasgow Coma Scale (GCS) observation sheet. Results: Based on the results of the implementation that has been carried out, there is an increase in the level of consciousness in stroke patients with decreased consciousness in the ICU after implementing familiar auditory sensory training. Conclusion: Familiar Auditory Sensory Training can be used as a nonpharmacological technique to increase the level of consciousness in stroke patients who experience decreased consciousness.

Keywords: Stroke, Familiar Auditory Sensory Training (FAST), Glasgow Coma Scale (GCS), Decreased Consciousness