

**APPLICATION OF LEGO PLAY THERAPY IN REDUCING ANXIETY
LEVELS OF PRESCHOOL CHILDREN DURING HOSPITALIZATION
IN THE ORCHID ROOM**

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ABSTRACT

Background: Hospitalization is an unpleasant and stressful situation in children that can cause anxiety, one of the treatments that can be done to reduce anxiety in children is lego play therapy. **Objective:** Describing the application of lego play therapy in reducing the anxiety level of preschool children during hospitalization in the pediatric ward of RSUD Dr. Soehadi Prijonegoro Sragen. **Method:** The method used in this application is descriptive with a case study research design, the research sample amounted to 2 respondents, the research instrument was an observation sheet, and a questionnaire. **Results:** In An. L before the application there was mild anxiety with a score of 45%, after being given Lego play therapy three times showed the results of no anxiety with a score of 41%, while in An. M in the first play therapy showed that there was still mild anxiety with a score of 51%, and in the third play therapy anxiety was resolved with a score of 38%. **Conclusion:** It can be concluded that there is an effect of lego play therapy on reducing anxiety in children experiencing hospitalization.

Keywords: lego play therapy, Hospitalization, anxiety, children