

**THE EFFECT OF GIVING VCO ON PERINEUM WOUND HEALING IN  
NORMAL POSTPARTUM WOMEN AT PMB SRI SUPARTI  
KARANGANYAR**

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**ABSTRACT**

**Background:** *In Indonesia perineal lacerations are experienced by 75% of women giving birth vaginally due to spontaneous tearing. This can cause bleeding not to stop properly or infection to occur. To prevent infection of perineal wounds, perineal wound care can be performed using virgin coconut oil (VCO) which has properties as an antiseptic, anti-infection and can reduce pain and provide comfort. The benefits of VCO are to form a thin layer that protects the wound from external dust, bacteria and viruses in accelerating the wound healing process and increasing the body's immunity which is anti-bacterial.*

**Objective:** *To determine the effect of VCO administration on perineal wound healing in normal postpartum women at PMB Sri Suparti Karanganyar.*

**Research method:** *The type of research used is quasi-experimental research. The research design used the Post test only with control group design method with 30 samples, 15 were given VCO and 15 were not given VCO. by processing the data using man whitney.*

**The results of the study:** *The results of the data analysis test with Mann Whitney obtained a value of  $p = 0.001$ , with a significant level of  $p < 0.05$  which means that there is an effect of VCO administration on perineal wound healing in normal postpartum mothers.*

**Conclusion:** *There is an effect of VCO administration on perineal wound healing in normal postpartum women at PMB Sri Suparti Karanganyar.*

**Keywords:** *VCO, postpartum women, perineal wounds.*